

Teen Pantry

We have a pantry exclusively for teens, that consists of personal care items, food and fun activities. Teens have enough on their plate to worry about now days. They shouldn't have to worry that they don't have soap, deodorant or feminine hygiene items to stay clean or food.

The teen pantry is located on site at Caring Heart in the outreach room. It is open the 1st and 3rd Saturday. We accept any sort of hygiene items to add to the pantry as well as cleaning supplies, laundry and dish soap, new socks, new underwear and even snack foods tv dinners for easy meals. We welcome ALL teens from around our area REGARDLESS of income. We encourage all teens to participate in the monthly fun activities we plan and the pantry. We will start up our teen leadership training program soon.

Online Auctions

We also are happy to be the first in our area to offer weekly ONLINE Silent Auctions in our Facebook Group! We accept donations of vintage and brand new items for our online auction. We want to make sure that those who work that can not shop in store, can still find bargains and help to support these great causes, without being able to physically come to the store. Online payments also accepted for auctions, so check it out in our Facebook VIP group.

We open at 8am each morning to accept your gently used items. We will accept donations until 4:45pm each day we are open! As long as we have volunteers, we will also pick up larger items like furniture or large amounts of items like leftover estate sales or yard sales on Saturdays. For those who do not want to come in, we will leave large rolling bins outside around back for you to drop your items off when not raining.

We accept personal hygiene & food items for local teens in need. Some of these items may also be used for the local homeless in need to ensure that their needs are met as well! We appreciate your support in our efforts to help those who need it the most.

We are a 501c3 charity & we offer tax receipts!

Business Hours

Monday	9:00am-5:00pm
Tuesday	9:00am-5:00pm
Wednesday	9:00am-5:00pm
Thursday	9:00am-5:00pm
Friday	9:00am-5:00pm
Saturday	9:00am-5:00pm
SUNDAY	CLOSED

Caring Heart Thrift Store is located at: 165 North Main Street in downtown Arab. We are in the old KINGS building across from Wilks Tire.

Caring Heart Thrift Store of Arab AL.



Caring Heart was started to help support programs in our area that mean a great deal to SO MANY. Kelley's Rainbow Domestic Violence Shelter, Marshall County Homeless Ministry, Lamplight Teen Camp for local teens & many more!

**TEEN PANTRY
NOW OPEN!**

Teens can come and pick out food and hygiene items that they need to maintain their confidence!

(256) 640-3349

*Felicia Jones & David Jones
Co-Founders
Laura Phillips— Asst. Manager*

Kelley's Rainbow Domestic Violence

The mission of Kelley's Rainbow is to provide both direct and indirect services to victims of domestic violence in Marshall, Cherokee, and DeKalb County, Alabama. They will accomplish this by providing direct client services that include victim advocacy, case management, counseling, shelter and referrals to area resources.



The isolation that is present in domestic violence increases when the victim lives in a rural communities, they are often unaware that there are services available to them to help them live safely.

There are so many ways we can help our neighbors and our communities. If you want to find out more on how YOU can make a difference, call us at Caring Heart Thrift Store!

Lamplight Leadership Camp for Teens

Lamplight is a free three-week summer program for high school campers on the edge of Guntersville Lake. Throughout the program, campers develop the skills necessary to change our world for the better. With the support of Lamplight staff, campers take responsibility for the everyday functions of the camp and pursue their own creative projects, building a sense of individual and collective strength.

The campers begin with a group service project that addresses a common issue while building practical skills as they go. Throughout the year, especially during summer camp, the campers make important decisions through group meetings and take part in gardening, cooking, and small hands-on creative projects. The end goal of Lamplight is to have a program run by and for teenagers in the area who are dedicated to serving their community. The staff push the campers to dream big and then connect them with the tools, resources, and people they need to make those dreams a reality."



Marshall County Homeless Ministry

Room in the Inn is a collaborative effort among churches and community organizations, providing temporary shelter, food, and services in an environment where individuals are valued with dignity and respect.

Homelessness is not just a "big-city" problem - it is a very real issue right here in our county. Some of the causes are a combination of circumstances ranging from poverty and family dysfunction to educational deficiencies, physical and mental disabilities, & addiction.

The MCHM is working hard to grow, so that they can gain facilities to offer more, such as a tiny home village. Having tiny homes so that people or families can have more than a night or two to stay. It will provide a more long term answer. It would allow them to be able to focus on gaining employment, building savings and getting established in public housing to have a place of their own. This would help break the cycle & change the course of their lives!